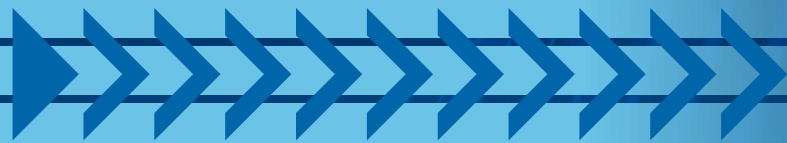




# MEALS



# IN MINUTES

## SIDES & À LA CARTE OPTIONS

PORTION SIZE: 3-4 PEOPLE

Lasagna Roll Ups w/ Marinara .....	\$6.00	Summer Veggie Blend .....	\$5.00
Chicken Fettuccini w/ Alfredo .....	\$8.00	Scalloped Potatoes .....	\$5.00
Macaroni & Beef w/ Cheese Sauce .....	\$6.00	Loaded Mashed Potatoes .....	\$6.00
Stuffed Chicken Breast .....	\$6.00	Sweet Potato Soufflé .....	\$6.00
Meatloaf .....	\$6.00	Brussels Sprouts w/ Bacon .....	\$6.00
Penne Pasta w/ Marinara .....	\$6.00	Garlic Redskin Mashed Potatoes .....	\$5.00
Macaroni & Cheese .....	\$6.00	Corn Soufflé .....	\$6.00
Glazed Baby Carrots .....	\$6.00	Grilled Vegetables .....	\$5.00
Whole Bean Blend .....	\$5.00	Fettuccini Alfredo .....	\$5.00
Seasoned Baby Potatoes .....	\$5.00	Signature Baked Beans .....	\$6.00
Pulled Pork w/ BBQ .....	\$6.00	Lo Mein Noodles .....	\$5.00

Availability may vary at location. For complete menu options, please order ahead at the store so we have time to freshly prepare your meal!



**From Package to Plate, in less than 5 minutes in the Microwave.**

OR IF YOU HAVE MORE TIME, YOU CAN BAKE IN THE OVEN. SEE INSTRUCTIONS ON THE BACK OF PACKAGE.

[www.KenniesMarket.com](http://www.KenniesMarket.com)



# MEALS IN MINUTES



## FAMILY MEALS

PORTION SIZE: 3-4 PEOPLE

Teriyaki Chicken Breast.....	\$14.00	Breaded Chicken Parmesan.....	\$14.00
Grilled Chicken Breast.....	\$12.00	Meatballs w/ Marinara.....	\$14.00
Grilled Chicken Breast w/ Lemon.....	\$14.00	Herb Roasted Turkey Breast.....	\$12.00
Mini Meatloaf w/ Ketchup Glaze.....	\$14.00	Roasted Pork Loin.....	\$12.00
Chicken Marsala.....	\$16.00	Cherry Glazed Baked Ham Slices.....	\$12.00
Macaroni & Cheese.....	\$12.00	Twice Baked Potatoes.....	\$10.00
Lasagna Rollettes.....	\$14.00	General Tso's Chicken.....	\$14.00
Pulled Pork w/ BBQ.....	\$14.00	Glazed Orange Chicken.....	\$14.00

Availability may vary at location. For complete menu options, please order ahead at the store so we have time to freshly prepare your meal!



From Package to Plate, in less than 5 minutes in the Microwave.

OR IF YOU HAVE MORE TIME, YOU CAN BAKE IN THE OVEN. SEE INSTRUCTIONS ON THE BACK OF PACKAGE.

[www.KenniesMarket.com](http://www.KenniesMarket.com)